

# Bolton Metro Tri Club

presents the

# BOLTON JUNIOR TRIATHLON 09

*A great swim, bike, run event for children & young people  
(plus a short race for parents or anyone over 16!)*

**Sunday 14th June 1.30 – 5.00pm**  
**Salt Ayre Leisure Centre, Lancaster LA1 5JS**

*The swim will be in an eight lane indoor pool. The cycle is on a 1500m tarmac off-road cycle track and the run will finish on the running track*

*Goody bag and drinks bottle for all participants*

Event	Age (at 31/12/09)	Swim	Bike	Run
Tristart	8	50m	1500m	600m
Tristar 1	9 or 10	150m	3000m	1200m
Tristar 2	11 or 12	200m	6000m	1800m
Tristar 3	13 or 14	300m	7500m	2400m
Tristar Youth	15 or 16	400m	9000m	3000m
Supersprint	9 – 16	50m	1500m	600m
Sprint	11 – 16	150m	4500m	1200m
Parents/17 plus	17 plus	150m	3000m	1200m

**ENTRY FEES** Tristart & Supersprint £7.50 Sprint, Tristar 1, 2, 3 and Youth £9.50  
**Teams** £11 for two £13.50 for three **Parents/17+** £9.50 (individual or per team)  
British Triathlon members will receive a £1 refund on production of their race licence

**For more information check out**  
**<http://boltontri.com>**

# Bolton Junior Triathlon 09

Please print clearly:

Full name:					
Address:					
Postcode:		Tel:			
Age (at 31/12/09):		DOB:			
Club (if any):		Estimated swim time:			
BTA number:		Male / Female:		M F	
Race entered (tick one):		SuperSprint <input type="checkbox"/>	Sprint <input type="checkbox"/>	Tristart <input type="checkbox"/>	Tristar 1 <input type="checkbox"/>
		Tristar 2 <input type="checkbox"/>	Tristar 3 <input type="checkbox"/>	Youth <input type="checkbox"/>	Parent/17+ <input type="checkbox"/>
TEAM ONLY	Team Member 2:		Team Name:		
	Team member 3:				
<p>Parental Consent (must be completed for all competitors 16 or under ).          I/WE DECLARE THAT THE ABOVE NAMED PERSON(S) IS/ARE FIT TO TAKE PART IN THIS EVENT. I/WE UNDERSTAND THAT THEY PARTICIPATE ENTIRELY AT THEIR OWN RISK, AND RELIEVE THE RACE REFEREE, THE RACE ORGANISERS/PERSONNEL, OF ANY RESPONSIBILITY FOR INJURY, LOSS OR DAMAGE SUSTAINED TO EITHER THEIR PERSON OR PROPERTY AS A RESULT OF PARTICIPATION HOWSOEVER CAUSED. I/WE ALSO DECLARE THAT THE NAMED PERSON'S CYCLE IS IN ROADWORTHY CONDITION. I/WE AGREE TO ABIDE BY THE RULES OF BRITISH TRIATHLON AND THE EVENT ORGANISERS.</p>					
<p><b>PHOTOGRAPHY:</b> I/WE AGREE TO THE USE OF APPROPRIATE PHOTOGRAPHS TAKEN BY THE EVENT ORGANISER BEING PUBLISHED ON THE EVENT ORGANISERS WEB SITE, THE BRITISH TRIATHLON WEBSITE, THE LOCAL PRESS AND OTHER TRI-RELATED PUBLICATIONS.          IF YOU <b>DO NOT</b> WISH ANY PHOTOGRAPHS TO BE USED AS DESCRIBED ABOVE TICK THIS BOX <input type="checkbox"/></p>					
Signed:		Parent/guardian		Date:	
e-mail address: (print very clearly)					
Signed		Team Member 2:		Team member 3:	

The Tristar and Youth events are part of the British Triathlon North West summer series and T2, T3 and Youth races are also selection events for the Inter Regional championships.

The Sprint, Supersprint and Parents/17+ events are less competitive but results will still be published according to British Triathlon age groups. These events are also ideal for those new to triathlon. Remember anyone who can complete a triathlon is a winner!

- Cheques should be made payable to 'Bolton Metro Tri Club'
- Send with entry form to BMTC, 482 Bolton Road, Bury, BL8 2DU
- Adults who volunteer as race helpers can enter parents/17+ race free but must buy a British Triathlon day licence or their show their British Triathlon race licence at registration
- Enquiries to Stuart Carter [stuart.carters7@tiscali.co.uk](mailto:stuart.carters7@tiscali.co.uk) or Steve Jones 07939 461238
- No refunds can be given after the closing date
- Race information, entry list and results can be seen on our website. If you want race info or results sending by post then please enclose a stamped addressed envelope
- **No entries after Wed 10th June – enter early to avoid disappointment.**

Results will be posted on our website at: <http://boltontri.com/>

\*Please feel free to photocopy this form\*