



Open Water Swim Consent Form



Rules, Terms & Conditions for Open Water Swimming with COLT.

- Swimmers must stay within 50m of the course marked by the green buoys.
- There will be no swimming if the safety canoes are not in position on the water.
- Swimming will only take place between 7-8pm.
- A mandatory safety briefing will take place before anyone is allowed in the water.
- A bright swimming cap must be worn at all times.
- COLT reserves the right at any time to refuse entry into the water of any swimmer who is deemed unfit to take part.
- In the interest of safety there will be no swimming if weather conditions are too severe.
- Whilst unlikely, if the water quality falls below permitted levels COLT will cancel the session.
- Wetsuits are mandatory and must be suitable for the purpose of swimming.
COLT encourages all members to affiliate to the BTF.

IF 16 or UNDER THIS FORM MUST BE SIGNED BY A PARENT/GUARDIAN. SAID PARENT/GUARDIAN WILL HAVE TO SWIM WITH THE JUNIOR MEMBER. EXCEPTIONS MAY BE MADE AT THE ORGANISERS DISCRETION.

Informed Consent for Open Water Swims with COLT.

(Please read & sign and hand in to Richard Mason or Andrew McCracken before swimming. Keep the top part for reference.)

Participant Name :

Address:

Telephone:

Does the participant suffer from any health problem, disability or special need, that we may need to be aware of, if so please give details? E.g. Asthma, Epilepsy

COLT is the organiser of the open water swims and is a club member & affiliated to Triathlon England. COLT encourage their members & any one taking part in the open water swim to become an individual member of Triathlon England or other BTF home nation.

I accept that COLT can in no way be held responsible for any injury or loss however caused and that by taking part I am fully aware of the risks involved and the degree of fitness required. I have read, agree and fully understand the terms and conditions detailed above.

Signature of participant
(or parent/guardian if 16 and under)

Date