

# City of Lancaster Triathlon (COLT)

## Minutes of the AGM on Wednesday 20 January 2010

**Present - committee:** Richard Mason (in the Chair), Andy Holgate, Louise Kelly, Andrew McCracken, Dan McParland, Sarah Patterson, John Towse, Chris Wild

**Present – members:** Alfred Benson, Chris Clarke, Simon Devereux, Stuart Foy, Mark Hammond, Tony Jeffery, Graham Hodgson, Jennie Hodgson, Loz Loxam, John Oldroyd, Tom Phillips, Danny Rogerson, Andrew Sedgwick, Wendy Smith, Roz Smithson, Andrea Towse and two non-members.

### 1. Apologies for absence

Apologies were received from Andy Holme, John Knapp, Kevin Bedford, Valerie O'Donnell, Ian Richardson, Steve Stretch.

### 2. Captain's report

Richard reported on an amazing first year for COLT, 148 members, a website, a forum, two club bikes, members racing all over the world in the UK, USA, Germany, France, Lanzarote and New Zealand. The club had organised 12 Open Water swims from May to September which included 2 socials, a BBQ and a pizza/pasta evening at Waters Edge. Two COLT teams had entered the National Relay Champs and Richard hoped that more teams could compete in this really enjoyable event in 2010. COLT had held a Christmas Social at the Borough which was well attended. He thanked the committee for their hard work and commitment over the year. Plans for the coming year include continuing the Open Water swims with some aquathon events (swim, run) and more coaching sessions. Plans for the future include staging a COLT event. It was reported that membership for 2010 was now open and the price remained the same at £10.00 for seniors and £5.00 for juniors. Richard concluded that he had really enjoyed being Club Captain in COLT's inaugural year and he and the committee welcomed comments from members on what they wanted from their club.

**Junior Section** – Jennie Hodgson gave a brief overview of the achievements of the junior section of the club over the past 12 months which had been considerable. Jennie was thanked for her work in co-ordinating the junior section. Wendy Smith was thanked for volunteering to take on the role of Child Welfare Officer. Plans for the future include junior training sessions headed by Richard and Andres on alternate Mondays in the spring/summer months.

### 3. Treasurer's report

Dan presented the accounts for 2009 which were circulated to all present. He reported the club has a healthy surplus of £1,545.15 with most income generated from the open water swims and the membership fees.

#### **4. Election of officers and committee for 2010**

##### **Officers for 2010**

Captain	Richard Mason
Proposed/Seconded	Andrew Sedgwick/Chris Wild
Vice Captain	Andrew McCracken
Proposed/Seconded	Andrew Sedgwick/Simon Devereux
Treasurer	Dan McParland
Proposed/Seconded	Andrew McCracken/Simon Devereux
Secretary	Sarah Patterson
Proposed/Seconded	Mark Hammond/Chris Wild
Web Manager	Andy Holgate
Proposed/Seconded	Mark Hammond/Simon Devereux
Forum Manager	John Towse
Proposed/Seconded	Chris Wild/Andy Holgate
Junior Liaison	Jennie Hodgson
Proposed/Seconded	Andrew McCracken/Andy Holgate
Child Welfare	Wendy Smith
Proposed Seconded	Andrew McCracken/John Towse

##### **Committee members in 2010**

Louise Kelly	
Proposed/ Seconded	Richard Mason/Sarah Patterson
John Knapp – appointed in his absence having indicated he was willing to continue.	
Proposed/Seconded	Richard Mason/Chris Wild
Chris Wild	
Proposed/Seconded	Mark Hammond/Sarah Patterson

Steve Stretch had served on the committee in 2009 and felt unable to continue in 2010 due to on-going work commitments. He tendered his resignation to Richard but would still be racing under the COLT banner and attending training sessions whenever possible. A vote of thanks was recorded to Steve for his help and commitment to setting up COLT and making it a success in the first year.

Richard extended an invitation to all members to put themselves forward if they wished to join the committee.

#### **5. Members views/suggestions**

A lively discussion took place with the following topics being raised which will be considered by the committee:

- transition training
- stroke/swim technique sessions
- swim sessions at alternative venue to Total Fitness
- purchase of rollers or turbos

#### **6. Any Other Business**

- 6.1 **Sponsorship for Juniors** – Graham Hodgson reported that his company had agreed to set up a Youth Development Fund for COLT which would be available to help talented juniors train and enter events. Technology Farm Limited has pledged £1,000 per year for 3 years to this fund. The company will also be supplying tee-shirts for all juniors racing under the COLT banner in addition to the development fund. Graham was thanked for his generosity.
- 6.2 **North West Regional Rep** – Wendy Smith reported that she had taken on this role and would be glad to raise any issues for members of COLT.
- 6.3 **Training Advice** – it was advised that anyone in need of training advice should post a thread on the forum.
- 6.4 **Race Series** – it was agreed to post a thread on the forum asking for nominations for club races at Sprint, Olympic, Middle Distance and Ironman.
- 6.5 **Club Kit** – no change would be made to the club kit supplied by Imp Sport for the 2010 season.
- 6.6 **Club Records** – it was noted that Andy would begin to pull together club records for the website which include an Ironman Hall of Fame.

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